



Vancouver Island Karate Society



**Zone VI Playoff Tournament**  
**For 2015 Provincial Championship**

**LOCATION:** Island Savings Centre, 2687 James St., Duncan, BC (by the Big Hockey Stick)

**DATE:** Sunday April 12<sup>th</sup>, 2015

**TIME:** **8:30 Doors open**  
8:30 – 9:00 am Event Confirmation for all competitors  
9:00 Officials' Meeting and Weigh in  
9:30 Competition begins with  
**Team Kata, Weapons & Elite divisions**

- **Competition will begin promptly at 9:30 am.**
- **All Divisions must be in the marshalling area by 9:15 am, ready to be marshaled.**
- **It is not necessary to check in at the head table unless there is a problem when you check your registration on the wall.**

**FEES:** Juniors: \$20.00 per event (inc AWAD events)  
Adults: \$30.00 per event (16 & over) (inc AWAD events)  
Team Kata Events \$20.00/\$30.00 per team (Junior/Adult)  
Elite events: \$30.00 per event

Spectators: Adults \$5, Students \$3, Family up to 4 \$10

Cheques: Submit just **one cheque** per dojo, made payable to **Vancouver Island Karate Society**.  
Do not send separate cheques for each participant.

- **SAME DAY REGISTRATION (Kata Only): Juniors: \$40.00 ~ Adults: \$60.00**
- Same-day registration must be completed Sunday morning prior to 9:00 am.  
No same-day registration will be accepted after this time.
- **NOTICE:**  
SAME-DAY REGISTRATION WILL BE PERMITTED ONLY FOR KATA,  
No same day registration for elite division.

**DEADLINE:** Registration (includes GST) and registrations are due by e-mail to  
[Nanaimo@shimakarate.com](mailto:Nanaimo@shimakarate.com) by: **March 28, 2015.**

After this date, entries will be accepted at same-day fees only.

Remember, if you medal at this tournament you will qualify to compete at KBC Provincials that will be held on May 30<sup>th</sup> and May 31<sup>st</sup> at the Richmond Oval.

## **Registrations will be accepted only by e-mail on “Electronic Registration Excel Sheet”**

- Incomplete registration forms (e.g. missing weights, age, etc.) may result in athlete(s) not being able to compete.
- Mandatory age and weight restrictions – Competitors wishing to compete at the Provincial Championship must qualify at 2014 Playoff Tournament in their Division based on age and projected weight as of May 31<sup>st</sup>, 2014
- Competitors wishing to continue to National Championship must qualify at Playoff Tournament, Provincial Championship and Selection Tournament, in their respective Division based on age and weight as of the date of the selections. Minimum age to compete at National Championship is 14 years old as of the date of the Nations in 2014

### Zone Tournaments Information

1. Division Codes
  - a. Each zone must use KBC division codes for their zone tournaments
  - b. All entries to Karate BC Provincial championship must be in the proper KBC division codes
2. Age requirements
  - a. Athletes in non-elite divisions must enter their zone tournament based on the age they will be at the Provincial tournament
  - b. Athletes may enter Advanced divisions or BC Team divisions but not both
  - c. An Athlete may enter Advanced Kata and BC Team Kumite or visa versa
  - d. Elite division athletes must enter based on their age at the Nationals
  - e. All divisions are based on birth date, not on birth year alone
  - f. Non-elite athletes may not enter more than one age category
    - i. Athletes may enter only in the divisions for which they are eligible based on their birth date
3. Entries for the Provincials must include athletes birth date, no exceptions
4. Entries for the Provincials:
  - a. These may be submitted by email to your Zone rep.
5. Zone tournament results are to be submitted to Karate BC following the completion of the zone tournament
  - a. This will not be in place of registrations for the Provincial Championship
  - b. Zone tournament results will be posted in the Tournament Results area of the Karate BC website
6. Kobudo
  - a. Competitors may enter more than one Kobudo division

Kurt Nordli,  
Tournament Director  
Zone 6

## Kata



## Kumite

2015 - Girls

Code	Description	Code	Description
G-7&U-Ka-All	7 & under Girls - All belts Kata	G-7&Under-Ku-All	7 & under Girls - All belts Kumite
G-89-Ka-N	8/9 Girls - Novice Kata	G-89-Ku-N	8/9 Girls - Novice Kumite
G-89-Ka-I	8/9 Girls - Intermediate Kata	G-89-Ku-I	8/9 Girls - Intermediate Kumite
G-89-Ka-A/B	8/9 Girls - Adv/Black Kata	G-89-Ku-A/B	8/9 Girls - Adv/Black Kumite
G-1011-Ka-N	10/11 Girls - Novice Kata	G-1011-Ku-N	10/11 Girls - Novice Kumite
G-1011-Ka-I	10/11 Girls - Intermediate Kata	G-1011-Ku-I	10/11 Girls - Intermediate Kumite
G-1011-Ka-A/B	10/11 Girls - Adv/Black Kata	G-1011-Ku-A/B	10/11 Girls - Adv/Black Kumite
G-1213-Ka-N	12/13 Girls - Novice Kata	G-1213-Ku-N	12/13 Girls - Novice Kumite
G-1213-Ka-I	12/13 Girls - Intermediate Kata	G-1213-Ku-I	12/13 Girls - Intermediate Kumite
G-1213-Ka-A/B	12/13 Girls - Adv/Black Kata	G-1213-Ku-A/B-37	12/13 Girls - Adv/Black -37kgs Kumite
		G-1213-Ku-A/B-43	12/13 Girls - Adv/Black -43kgs Kumite
		G-1213-Ku-A/B+43	12/13 Girls - Adv/Black +43kgs Kumite
<b>Competitors may compete in either Advanced or Adv/Black BC Team, NOT Both</b>			
G-1415-Ka-N	14/15 Girls - Novice Kata	G-1415-Ku-N	14/15 Girls - Novice Kumite
G-1415-Ka-I	14/15 Girls - Intermediate Kata	G-1415-Ku-I	14/15 Girls - Intermediate Kumite
G-1415-Ka-A	14/15 Girls - Advanced Kata	G-1415-Ku-A	14/15 Girls - Advanced Kumite
G-1415-Ka-A/B.T	14/15 Girls - Adv/Black BC Team	G-1415-Ku-A/B-47.T	14/15 Girls - Adv/Black -47kgs BC Team
		G-1415-Ku-A/B-54.T	14/15 Girls - Adv/Black -54kgs BC Team
		G-1415-Ku-A/B+54.T	14/15 Girls - Adv/Black +54kgs BC Team
G-1617-Ka-N	16/17 Girls - Novice Kata	G-1617-Ku-N	16/17 Girls - Novice Kumite
G-1617-Ka-I	16/17 Girls - Intermediate Kata	G-1617-Ku-I	16/17 Girls - Intermediate Kumite
G-1617-Ka-A	16/17 Girls - Advanced Kata	G-1617-Ku-A	16/17 Girls - Advanced Kumite
G-1617-Ka-A/B.T	16/17 Girls - Adv/Black BC Team	G-1617-Ku-A/B-48.T	16/17 Girls - Adv/Black -48kgs BC Team
		G-1617-Ku-A/B-53.T	16/17 Girls - Adv/Black -53kgs BC Team
		G-1617-Ku-A/B-59.T	16/17 Girls - Adv/Black -59kgs BC Team
		G-1617-Ku-A/B+59.T	16/17 Girls - Adv/Black +59kgs BC Team
G-181920-Ka-N	18/19/20 Girls - Novice Kata	G-181920-Ku-N	18/19/20 Girls - Novice Kumite
G-181920-Ka-I	18/19/20 Girls - Intermediate Kata	G-181920-Ku-I	18/19/20 Girls - Intermediate Kumite
G-181920-Ka-A	18/19/20 Girls - Advanced Kata	G-181920-Ku-A	18/19/20 Girls - Advanced Kumite
G-181920-Ka-A/B.T	18/19/20 Girls - Adv/Black BC Team	G-181920-Ku-A/B-50.T	18/19/20 Girls - Adv/Black -50kgs BC Team
		G-181920-Ku-A/B-55.T	18/19/20 Girls - Adv/Black -55kgs BC Team
		G-181920-Ku-A/B-61.T	18/19/20 Girls - Adv/Black -61kgs BC Team
		G-181920-Ku-A/B-68.T	18/19/20 Girls - Adv/Black -68kgs BC Team
		G-181920-Ku-A/B+68.T	18/19/20 Girls - Adv/Black +68kgs BC Team

## Kata



## Kumite

2015 - Boys

Code	Description	Code	Description
B-7&U-Ka-All	7 & under Boys - All Belts Kata	B-7&Under-Ku-All	7 & under Boys - All Belts Kumite
B-89-Ka-N	8/9 Boys - Novice Kata	B-89-Ku-N	8/9 Boys – Novice Kumite
B-89-Ka-I	8/9 Boys - Intermediate Kata	B-89-Ku-I	8/9 Boys – Intermediate Kumite
B-89-Ka-A/B	8/9 Boys - Adv/Black Kata	B-89-Ku-A/B	8/9 Boys – Adv/Black Kumite
B-1011-Ka-N	10/11 Boys - Novice Kata	B-1011-Ku-N	10/11 Boys – Novice Kumite
B-1011-Ka-I	10/11 Boys - Intermediate Kata	B-1011-Ku-I	10/11 Boys - Intermediate Kumite
B-1011-Ka-A/B	10/11 Boys - Adv/Black Kata	B-1011-Ku-A/B	10/11 Boys - Adv/Black Kumite
B-1213-Ka-N	12/13 Boys - Novice Kata	B-1213-Ku-N	12/13 Boys - Novice Kumite
B-1213-Ka-I	12/13 Boys - Intermediate Kata	B-1213-Ku-I	12/13 Boys - Intermediate Kumite
B-1213-Ka-A/B	12/13 Boys - Adv/Black Kata	B-1213-Ku-A/B-38	12/13 Boys – Adv/Black -38kgs Kumite
		B-1213-Ku-A/B-48	12/13 Boys – Adv/Black -48kgs Kumite
		B-1213-Ku-A/B+48	12/13 Boys – Adv/Black +48kgs Kumite
<b>Competitors may compete in either Advanced or Adv/Black BC Team, NOT Both</b>			
B-1415-Ka-N	14/15 Boys - Novice Kata	B-1415-Ku-N	14/15 Boys – Novice Kumite
B-1415-Ka-I	14/15 Boys - Intermediate Kata	B-1415-Ku-I	14/15 Boys – Intermediate Kumite
B-1414-Ka-A	14/15 Boys - Advanced Kata	B-1415-Ku-A	14/15 Boys - Advanced Kumite
B-1415-Ka-A/B.T	14/15 Boys – Adv/Black BC Team	B-1415-Ku-A/B-52.T	14/15 Boys – Adv/Black -52kgs BC Team
		B-1415-Ku-A/B-57.T	14/15 Boys – Adv/Black -57kgs BC Team
		B-1415-Ku-A/B-63.T	14/15 Boys – Adv/Black -63kgs BC Team
		B-1415-Ku-A/B-70.T	14/15 Boys - Adv/Black -70kgs BC Team
		B-1415-Ku-A/B+70.T	14/15 Boys – Adv/Black +70kgs BC Team
B-1617-Ka-N	16/17 Boys - Novice Kata	B-1617-Ku-N	16/17 Boys - Novice Kumite
B-1617-Ka-I	16/17 Boys – Intermediate Kata	B-1617-Ku-I	16/17 Boys – Intermediate Kumite
B-1617-Ka-A	16/17 Boys - Advanced Kata	B-1617-Ku-A	16/17 Boys - Advanced Kumite
B-1617-Ka-A/B.T	16/17 Boys – Adv/Black BC Team	B-1617-Ku-A/B-55.T	16/17 Boys – Adv/Black -55kgs BC Team
		B-1617-Ku-A/B-61.T	16/17 Boys - Adv/Black -61kgs BC Team
		B-1617-Ku-A/B-68.T	16/17 Boys - Adv/Black -68kgs BC Team
		B-1617-Ku-A/B-76.T	16/17 Boys - Adv/Black -76kgs BC Team
		B-1617-Ku-A/B+76.T	16/17 Boys - Adv/Black +76kgs BC Team
B-181920-Ka-N	18/19/20 Boys - Novice Kata	B-181920-Ku-N	18/19/20 Boys - Novice Kumite
B-181920-Ka-I	18/19/20 Boys - Intermediate Kata	B-181920-Ku-I	18/19/20 Boys - Intermediate Kumite
B-181920-Ka-A	18/19/20 Boys - Advanced Kumite	B-181920-Ku-A	18/19/20 Boys - Advanced Kumite
B-181920-Ka-A/B.T	18/19/20 Boys - Adv/Black BC Team	B-181920-Ku-A/B-60.T	18/19/20 Boys - Adv/Black -60kgs BC Team
		B-181920-Ku-A/B-67.T	18/19/20 Boys - Adv/Black -67kgs BC Team
		B-181920-Ku-A/B-75.T	18/19/20 Boys - Adv/Black -75kgs BC Team
		B-181920-Ku-A/B-84.T	18/19/20 Boys – Adv/Black -84kgs BC Team
		B-181920-Ku-A/B+84.T	18/19/20 Boys - Adv/Black +84kgs BC Team

## Kata



## Kumite

2015 - Adults, Kobudo Events

Code	Description	Code	Description
W-Ka-N	Women's Kata Novice	W-Ku-N	Women's Kumite Novice
W-Ka-I	Women's Kata Intermediate	W-Ku-I	Women's Kumite Intermediate
W-Ka-A	Women's Kata Advanced	W-Ku-A	Women's Kumite Advanced
MW-Ka-N/I/A	Mast. Wom's Kata Novice to Adv	MW-Ku-N/I/A	Masters Women's Kumite Novice to Adv
MW-Ka-B	Masters Women's Kata Black	MW-Ku-Black	Masters Women's Kumite Black
W-Ka-B.T	Women's Kata Black BC Team	W-Ku-B-50.T	Women's Kumite -50kgs BC Team
		W-Ku-B-55.T	Women's Kumite -55kgs BC Team
<b>Competitors may compete in either Advanced or Adv/Black BC Team, NOT Both</b>		W-Ku-B-61.T	Women's Kumite -61kgs BC Team
		W-Ku-B-68.T	Women's Kumite -68kgs BC Team
		W-Ku-B+68.T	Women's Kumite +68kgs BC Team
		W-Ku-B-Open.T	Women's Kumite Open BC Team
M-Ka-N	Men's Kata Novice	M-Ku-N	Men's Kumite Novice
M-Ka-I	Men's Kata Intermediate	M-Ku-I	Men's Kumite Intermediate
M-Ka-A	Men's Kata Advanced	M-Ku-A	Men's Kumite Advanced
MM-Ka-N/I/A	Mast. Men's Kata Novice to Adv	MM-Ku-N/I/A	Masters Men's Kumite Novice to Adv
MM-Ka-B	Masters Men's Kata Black	MM-Ku-B	Masters Men's Kumite Black
M-Ka-B.T	Men's Kata Black BC Team	M-Ku-B-60.T	Men's Kumite -60kgs BC Team
		M-Ku-B-67.T	Men's Kumite -67kgs BC Team
		M-Ku-B-75.T	Men's Kumite -75kgs BC Team
		M-Ku-B-84.T	Men's Kumite -84kgs BC Team
		M-Ku-B+84.T	Men's Kumite +84kgs BC Team
		M-Ku-B-Open.T	Men's Kumite Open BC Team
<b>Kobudo</b>			
LWK-9&U-N/I/A	Long Weapons Kata 9 & Under Novice to Adv Male/Female		
SWK-9&U-N/I/A	Short Weapons Kata 9 & Under Novice to Adv Male/Female		
LWK-10/13-N/I/A	Long Weapons Kata 10 to 13 Novice to Adv Male/Female		
SWK-10/13-N/I/A	Short Weapons Kata 10 to 13 Novice to Adv Male/Female		
LWK-14/17-N/I	Long Weapons Kata 14 to 17 Novice & Intermediate Male/Female		
SWK-14/17-N/I	Short Weapons Kata 14 to 17 Novice & Intermediate Male/Female		
LWK-14/17-A	Long Weapons Kata 14 to 17 Advanced Male/Female		
SWK-14/17-A	Short Weapons Kata 14 to 17 Advanced Male/Female		
LWK-18&O-N/I	Long Weapons Kata 18 & Over Novice & Intermediate Male/Female		
SWK-18&O-N/I	Short Weapons Kata 18 & Over Novice & Intermediate Male/Female		
LWK-18&O-A	Long Weapons Kata 18 & Over Advanced Male/Female		
SWK-18&O-A	Short Weapons Kata 18 & Over Advanced Male/Female		
LWK-17&U-B	Long Weapons Kata 17 & Under Black Male/Female		
SWK-17&U-B	Short Weapons Kata 17 & Under Black Male/Female		
LWK-18&O-B	Long Weapons Kata 18 & Over Black Male/Female		
SWK-18&O-B	Short Weapons Kata 18 & Over Black Male/Female		
DWK-17&U-N/I/A	Demo Weapons Kata 17 & Under Novice to Adv Male/Female		
DWK-18&O-AB	Demo Weapons Kata 18 & Over All Belts Male/Female		

Kata



Kumite

2015 - Demo, Team Kata, AWAD Events

NEW	Demo Division	Bunkai, Skits, Any other types of demo's	
DD-All	Demo Division all ages / all belts		
	<b>Team Kata</b>		
TK-11&U-N/I/A	Team Kata 11 & Under Novice to Adv Male/Female		
TK-12&13-N/I/A	Team Kata 12 & 13 Novice to Adv Male/Female		
TK-14/17-N/I/A	Team Kata 14 to 17 Novice to Adv Male/Female		
TK-18&O-N/I/A	Team Kata 18 & Over Novice to Adv Male/Female		
TK-14/17-G.T	Team Kata 14 to 17 Girls BC Team		
TK-181920-G.T	Team Kata 18/19/20 Girls Team		
TK-16&O-W.T	Team Kata 16 & Over Women BC Team		
TK-14/17-B.T	Team Kata 14 to 17 Boys BC Team		
TK-181920-B.T	Team Kata 18/19/20 Boys Team		
TK-16&O-M.T	Team Kata 16 & Over Men BC Team		
NEW	AWAD (Athletes with Advanced Disabilities)		
AWAD-I-15&U-All	AWAD With an Intellectual Disability 15 & Under All Belts		
AWAD-V-15&U-All	AWAD With a Visual Impairment 15 & Under All Belts		
AWAD-P-15&U-All	AWAD With a Physical Disability 15 & Under All Belts		
AWAD-I-16&Over-All	AWAD With an Intellectual Disability 16 & Over All Belts		
AWAD-V-16&Over-All	AWAD With a Visual Impairment 16 & Over All Belts		
AWAD-P-16&Over-All	AWAD With a Physical Disability 16 & Over All Belts		



Sydney Landing Suite 2002A  
 Fortius Athlete Development Centre  
 3713 Kensington Ave, Burnaby, V5B 0A7  
 Tel: 604-333-3610 fax: 604-333-3612  
<http://www.karatebc.org> email: info@karatebc.org

## Kata & Kumite - Karate Competitors (Read and sign)

All kumite competitors are required to submit a medical report. This report shall be in two parts. Part A shall be a medical history questionnaire that each kumite competitor shall complete. Part B shall be a medical examination report to be completed by a licensed physician, and is required of kumite competitors who have significant health problems as related in Category 1, Part A. If the answers to part A Category 1 are all 'No', then part B need not be completed.

The medical report must be submitted to Karate BC at least 3 weeks prior to the event for review by the medical director.

The medical director will determine if a competitor is or is not medically fit to compete in Kumite. Please note that no medical examination report is required of Kata-only competitors.

All competitors should be aware of the following:

1. No tapes, splints or protective equipment may be worn during kumite matches without the approval of the tournament medical director. Exceptions are approved protectors, e.g., scrotal protectors, fist protectors, and shin pads. A mouth guard is compulsory for kumite competitors.
2. Approved safety sports glasses will be permitted. Athletes who compete in international competitions may not be permitted to use safety sports glasses, but may be required to use soft contact lenses pursuant to international rules. Regular eyeglasses are not allowed in Kumite.
3. If a competitor is injured during a match and is determined to be medically unable to continue that match, he may not compete in another match during the same tournament without first obtaining medical clearance from the tournament medical director.
4. Disqualification following an injury may result in either the injured competitor or his opponent being declared the winner. The circumstances under which the injury occurred will be considered by the referee and judges in deciding who is the winner.
5. In the interest of safety, all finger and toenails must be trimmed short.
6. No personal jewelry may be worn during kumite, including jewelry in non-visible areas.
7. All competitors are advised to see their regular physician for follow-up medical examination of injuries suffered during the tournament. It should be noted that the full extent of some injuries may not manifest themselves until some time following the injury, e.g., abdominal injuries or head injuries. Hence, anyone who has continuing symptoms or who is concerned about an injury should consult his or her physician.

## Acknowledgment and Release

By his/her signature below, the Tournament Competitor ('Competitor') or Parent/Guardian if less than 18 years of age, acknowledges that he/she has read the 'Note to Karate Competitors' above, and that the requisite information required in this form has been disclosed. The Competitor expressly confirms that he/she has disclosed all illnesses, injuries, ailments, symptoms, or medical conditions of any kind whatsoever suffered or sustained by the Competitor as requested in the Medical Examination Report. It is also understood that the Competitor will consult his/her physician for a physical examination should an examination be requested by the Tournament Medical Director.

Furthermore, the Competitor hereby releases Karate BC, its employees, agents, successors, assigns, directors or volunteers from any and all liabilities arising out of or connected with any loss, damage, injury or expense suffered or sustained by the Tournament Competitor as a consequence of or in connection with his/her participation in the Tournament Competition or any activity related thereto.

Check Please:

A) I am competing in Kata

B) I am competing in Kumite / Team Kata

If you checked box "B" please fill out "A" of the Medical Examination Report

<p><b><u>BLACK BELT INSTRUCTOR:</u></b></p> <p>Name _____</p> <p>Signature _____</p> <p>Dojo Name _____</p>	<p style="background-color: yellow;"><b><u>All Information Required</u></b></p> <p><b><u>COMPETITOR:</u></b>      <u>KBC Membership#</u> _____</p> <p>   <u>BC Care Card #</u> _____</p> <p>Name _____</p> <p>Address _____</p> <p>Signature (Guardian if under 19 years of age) _____</p>
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- *Privacy Disclosure: Medical and personal information contained within will be available for review by members of the Association's Medical committee and their assistants. In the event of injury, a competitor's information may be shared with health care providers assisting that athlete. Signing this form gives consent to said use of a competitor's personal information.*

\*Results from this event may be published in media, Karate BC publications, or internet.

Please sign to indicate that you give permission for your name, photograph(s) or video to be included in any publication format, including tournament results if placed.

I give permission for my name or my child's name and photo(s) to be used in any publication, including tournament results if placed.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_

\_\_\_\_\_  
Signature (Parent/Guardian if under 19 years of age)

Updated Feb 13<sup>th</sup>, 2014

## MEDICAL EXAMINATION REPORT Part B – to be completed by examining physician

Name: \_\_\_\_\_

Weight: \_\_\_\_\_ Did you weigh? Yes/No

Height: \_\_\_\_\_ Did you measure? Yes/No

Pertinent Medical History:

	Normal	Abnormal	Details of Positive Findings
1. Eyes (lids conjunctiva, cornea, pupils, fundi)			
2. Ears (auditory canals, tympanic membranes, patency of Eustachian tubes)			
3. Nose, throat (airway, speech impediment, tonsils, etc)			
4. Nervous system (Concussion sequelae; Tendon reflexes, tremors, gait)			
5. Respiratory system (Thorax, lung fields)			
6. Cardiovascular system (Heart size, rhythm, sounds, murmurs: peripheral circulation and varicosities)			
7. Gastro-intestinal system (abdominal scars, enlarged organs or hernia, hemorrhoids)			
8. Genito-urinary system (Varicocele, hydrocele, particularly with hernia)			
9. Locomotor system (amputations, deformities, restriction of movement of limbs or spine)			
10. Lymphatic system and thyroid			
11. Skin (including evidence of allergy)			
12. Blood pressure readings:	1st	Additional	
s. _____			
d. _____			
13. Pulse: _____			

### VISUAL EXAMINATION

	a) Distant Vision	b) Near Vision
Right Eye	/ corrected to /	/ corrected to /
Left Eye	/ corrected to /	/ corrected to /
Both Eyes	/ corrected to /	/ corrected to /

Examining physician's opinion:

The Karate student named above is medically \_\_\_\_\_ fit / \_\_\_\_\_ unfit to participate in competitive free sparring or Team Kata Bunkai.

Examining physician's name and address (use rubber stamp if available)

\_\_\_\_\_  
 Physician's Signature

\_\_\_\_\_  
 Date



**MEDICAL EXAMINATION REPORT**  
 Part A – to be completed by all Kumite and Team Kata competitors

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Male/Female

Address: \_\_\_\_\_

Club Affiliation \_\_\_\_\_ Rank: \_\_\_\_\_

**Category 1**

- |  |          |
|--|----------|
| 1. Have you had a head injury within the past year?                  | Yes / No |
| 2. Do you have fainting spells, blackouts or epilepsy?               | Yes / No |
| 3. Do you have any active lung infection including TB?               | Yes / No |
| 4. Do you have an active kidney disease, infection or failure?       | Yes / No |
| 5. Do you have hepatitis, AIDS/HIV or any other blood borne disease? | Yes / No |
| 6. Have you had any recent operations, fractures or major illness?   | Yes / No |

**Category 2**

- |  |   |
|--|---|
| 1. Do you have any disease or disability not mentioned above?  | Yes / No                                |
| 2. Do you have a hearing loss?                                 | Yes / No                                |
| 3. Do you have bronchial asthma? List treatment below.         | Yes / No                                |
| 4. Do you have any heart disease or high blood pressure?       | Yes / No                                |
| 5. Do you have any loss of all or part of a limb?              | Yes / No                                |
| 6. Do you have decreased movement in any limb, joint or spine? | Yes / No                                |
| 7. Do you have any muscle or joint disease?                    | Yes / No                                |
| 8. Do you have diabetes?                                       | Yes / No                                |
| 9. Are you taking any medication?                              | Yes / No, If <u>yes</u> list here _____ |
| 10. Do you have allergies to any medications?                  | Yes / No, If <u>yes</u> list here _____ |
| 11. Have you any disease of the eyes?                          | Yes / No                                |

If you answered "Yes" to any of the Category 1 questions above, give details and obtain medical clearance from your physician to compete. (Information provided not confidential)

\_\_\_\_\_  
 \_\_\_\_\_

I hereby declare that I have read the above information and that, to the best of my knowledge, it is complete and correct.

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Competitor's Signature (Parent/Guardian if under 19 years of age)

Updated Feb 13<sup>th</sup>, 2014

### **Contra-Indications to Athletic Participation in Sports**

Contact Sports: Karate, Football, Wrestling, Basketball, Baseball, Soccer, Rugby, Lacrosse, Boxing, Hockey, Judo		
	<i>Absolute Contra-indications</i>	<i>Relative Contra-indications</i>
Neurological	<ol style="list-style-type: none"> <li>1. Concussion symptoms post head trauma during tournament - out of tournament</li> <li>2. Two episodes of concussion symptoms post head trauma in last 12 months – out for one calendar year from last episode.</li> <li>3. Three episodes of concussion symptoms post head trauma in the athlete's lifetime - out of contact sports</li> </ol>	<ol style="list-style-type: none"> <li>1. Epilepsy (convulsions) if well controlled - no seizure one year – participation permitted</li> <li>2. A major convulsion after head injury without evidence of epilepsy – this is in concussion category; i.e. two convulsions – out for a predetermined amount of time</li> </ol>
Eye	<ol style="list-style-type: none"> <li>1. Blindness in one eye</li> <li>2. Recent intraocular operation</li> <li>3. Presence of intraocular lens</li> </ol>	<ol style="list-style-type: none"> <li>1. Retinal detachment – ophthalmological consultation mandatory</li> <li>2. Active eye infection, eg. conjunctivis</li> <li>3. Defective lid closure</li> <li>4. Corneal anesthesia</li> </ol>
Respiratory	<ol style="list-style-type: none"> <li>1. Any active lung infection including TB</li> </ol>	<ol style="list-style-type: none"> <li>1. Bronchial asthma – participate to tolerance</li> </ol>
Cardio-vascular	<ol style="list-style-type: none"> <li>1. Abnormal enlargement of the heart</li> <li>2. Heart murmurs recognized as                             <ol style="list-style-type: none"> <li>a) Mitral stenosis</li> <li>b) Aortic stenosis</li> </ol> </li> <li>3. Infection in the heart</li> </ol>	<ol style="list-style-type: none"> <li>1. Resting blood pressure over 140 systolic and 90 diastolic (high blood pressure) – investigate before participation</li> </ol>
Endocrine		<ol style="list-style-type: none"> <li>1. Diabetes if poorly controlled</li> </ol>
Abdomen	<ol style="list-style-type: none"> <li>1. Partially descended testis in position subject to injury</li> <li>2. Any enlarged major abdominal organ (liver, spleen, kidney)</li> </ol>	<ol style="list-style-type: none"> <li>1. Inguinal hernia (rupture)</li> </ol>
Genital Urinary System	<ol style="list-style-type: none"> <li>1. One kidney missing or seriously damaged</li> <li>2. Active kidney infection</li> </ol>	<ol style="list-style-type: none"> <li>1. One testicle missing</li> </ol>
Musculo Skeletal	<ol style="list-style-type: none"> <li>1. Incomplete healing of wrist fracture</li> <li>2. Arthritis in the back (vertebrae column)</li> <li>3. Active hip disease</li> </ol>	<ol style="list-style-type: none"> <li>1. Instability of knees</li> <li>2. Recurrent shoulder dislocation</li> <li>3. Osgood Schlatters if pain present on Movement</li> <li>4. Amputees</li> </ol>
Hematological	<ol style="list-style-type: none"> <li>1. Coagulation defects</li> </ol>	
Skin		<ol style="list-style-type: none"> <li>1. Active bacterial infection</li> <li>2. Active herpes simplex (cold sores)</li> <li>3. Severe cystic acne</li> </ol>

**Take this reference to physician if completion of Medical Examination Report is required.**