






# Juni no Kata






## Basic Training Kata

Note: Titles of images are broken down by Stance / Technique / Direction (N=North etc)






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Kiotsuke	Rei	Yoi	Zenkutsu - Dachi - Gedan Barai (Left) E	Moto - Dachi - Oitsuki (Right) E

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Zenkutsu - Dachi - Gedan Barai (Right) W	Moto - Dachi - Oitsuki (Left) W	Zenkutsu - Dachi - Gedan Barai (Left) S	Moto - Dachi - Oitsuki ( (Right) S	Moto - Dachi - Oitsuki ( (Left) S

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Moto - Dachi - Oitsuki ( (Right) S	Zenkutsu - Dachi - Gedan Barai LW	Moto - Dachi - Oitsuki (Right) W	Zenkutsu - Dachi - Gedan Barai RE	Moto - Dachi - Oitsuki (Left) E

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Step 13



Zenkutsu - Dachi -  
Gedan Barai  
(Left) N

Step 14



Moto - Dachi -  
Oitsuki (Right) N

Step 15



Moto - Dachi -  
Oitsuki (Left) N

Step 16



Moto - Dachi -  
Oitsuki (Right) N

Step 17



Zenkutsu - Dachi -  
Gedan Barai  
(Left) E

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Step 18



Moto - Dachi -  
Oitsuki (Right) E

Step 19



Zenkutsu - Dachi -  
Gedan Barai  
(Right) W

Step 20



Moto - Dachi -  
Oitsuki (Left) W

Step 21



Yoi

Step 25



Kiotsuke

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Step 26



