



Victoria Renshikan Karate

Mailing address: 4479 Abraham Crt, Victoria, B.C., V8Z 7G4

Dojo: Saanich Commonwealth Place, Elk Lake Drive, Victoria, B.C.

Email: info@vrkarate.com

Phone: (250) 920-6797

Phone: (250) 475-7600

Web: www.vrkarate.com

1st Kyu (Brown Belt) Grading/Test Application form

Name		Age	
Current rank	2 rd kyu -Blue Belt and..... stripes	How long at this rank	

<input checked="" type="checkbox"/>	Please place check mark -in left boxes- to whichever applies to you		
<input type="checkbox"/>	I have regularly attended classes –since attaining my blue belt- to fulfill the minimum required amount of classes for blue belt (70 classes)		
When the student applies for grading –prior to the minimum amount of classes attended being fulfilled-- consideration will be given if student trains at home			
<input type="checkbox"/>	In addition to attending classes, I regularly train at home times per week and, approximately minutes each time		
My two kata selection, from: Bassai Dai, Jion, Kosokun Dai, are:			
<input type="checkbox"/>	Kata 1)		
<input type="checkbox"/>	I am able to demonstrate four bunkais from the above kata		
<input type="checkbox"/>	Kata 2)		
<input type="checkbox"/>	I am able to demonstrate four bunkais from the above kata		
<input type="checkbox"/>	My Heian Kata choice is:		
<input type="checkbox"/>	I am able to demonstrate Kihon Bo kata Ni		
<input type="checkbox"/>	I am able to demonstrate Nage No Kata (15 throws)		
<input type="checkbox"/>	I have participated in at least one tournament while a blue belt		
<input type="checkbox"/>	I have assisted with instructing		
<input type="checkbox"/>	I have completed and am attaching the written test		
<input type="checkbox"/>	I am attaching the current test/registration fee of \$112.00	Cheque #	Cash

On the space below, please PRINT CLEARLY your given and last name as you want it to appear on your certificate:

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Mailing address: 5264 Parker Avenue, Victoria, B.C., V8Y 2M9

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Brown Belt (1st Kyu) Rank Examination

Name..... Date.....

Please type your answers on a separate sheet and make sure you include your name and date on it.
Answers should be descriptive and long enough to give a sense that you understand the questions.

1) Give your interpretation of the following:

1) Ichi gan

2) Ni soku

3) San tan

4) Go ryoku

2) Give your interpretation of the following:

1) In-Yo

2) Kyo-Jitsu

3) Give your interpretation of the following:

1) Ma

2) Chika Ma

3) Ma-ai

4) Explain 'Metsuke'

5) Explain 'Yo Ryu Bi'

6) Explain the five principles of Shito-Ryu defense

7) In your opinion, what is the difference, if any, between 'sport' karate and 'budo' karate

8) Explain what karate means to you and what difference, if any, it has made in your life.

Grading/test fee \$100.00 + GST	\$105.00	Blue/brown 2011	Test score
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